



CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



January-2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>2</u></p> <p>District Offices Closed</p>	<p><u>3</u></p> <p>Macaroni & Cheese Whole Wheat Dinner Roll or Hot Dog on a Roll Seasoned Green Beans Chilled Pears Chilled Milk</p>	<p><u>4</u></p> <p>Chicken Fajita Wrap with Salsa and Sour Cream Fresh Tossed Garden Salad Chilled Mixed Fruit Chilled Milk</p>	<p><u>5</u></p> <p>Spicy Taco Salad Nachos Chips or Wrap and all the Fixin's Tomato, Lettuce, & Onion Chilled Applesauce Chilled Milk</p>	<p><u>6</u></p> <p>Super Slice of Whole Grain Stuffed Crust Pizza Vegetable Pasta Salad Chilled Sliced Pears Chilled Milk</p>
<p><u>9</u></p> <p>Chicken Patty or Chicken Parm. on a Whole Wheat bun Sliced Carrots Chilled Sliced Peaches Chilled Milk</p>	<p><u>10</u></p> <p>Hearty Italian Meatballs with Mozzarella Whole Wheat Dinner Roll Sweet Peas Chilled Fruit Chilled Milk</p>	<p><u>11</u></p> <p>Grilled Cheese on Wheat or Ham and Cheese Melt Tomato Soup Seasoned Green Beans Chilled Mixed Fruit Chilled Milk</p>	<p><u>12</u></p> <p>Spicy Taco Salad Nachos Chips or Wrap and all the Fixin's Tomato, Lettuce, & Onion Chilled Applesauce Chilled Milk</p>	<p><u>13</u></p> <p>Homemade Pizza Whole Grain Crust Fresh Tossed Garden Salad Chilled Sliced Pears Chilled Milk</p>
<p><u>16</u></p> <p>Martin Luther King Jr. Day</p> <p>District Offices Closed</p>	<p><u>17</u></p> <p>Oven Baked Ziti w/ Mozzarella Dinner Roll Fresh Tossed Garden Salad Chilled Mixed Fruit Chilled Milk</p>	<p><u>18</u></p> <p>Juicy Cheeseburger Deluxe on a Whole Wheat bun or Hot Dog on a Roll Lettuce, Tomatoes & Onions Tator Tots, Chilled Pears Chilled Milk</p>	<p><u>19</u></p> <p>Oven Baked Turkey Dinner Mashed Potatoes w/ Gravy Dinner Roll Green Beans Cranberry Sauce Chilled Fruit/Milk</p>	<p><u>20</u></p> <p><u>Personal Pan</u> Or Stuffed Crust Pizza Vegetable Pasta Salad Chilled Peaches Chilled Milk</p>
<p><u>23</u></p> <p>BBQ Chicken or Spicy Popcorn Chicken Whole Wheat Roll Sweet Peas Chilled Peaches Chilled Milk</p>	<p><u>24</u></p> <p>Chicken Fajita Wrap with Salsa and Sour Cream Lightly Seasoned Corn Chilled Pears Chilled Milk</p>	<p><u>25</u></p> <p>Macaroni & Cheese Whole Wheat Dinner Roll or Hot Dog on a Roll Lightly Seasoned Corn Chilled Pears Chilled Milk</p>	<p><u>26</u></p> <p>Spicy Taco Salad Nachos Chips or Wrap and all the Fixin's Tomato, Lettuce, & Onion Chilled Applesauce Chilled Milk</p>	<p><u>27</u></p> <p>Homemade Pizza Whole Grain Crust or Mexican Pizza Fresh Tossed Garden Salad Chilled Sliced Pears Chilled Milk</p>
<p><u>30</u></p> <p>Spicy Popcorn Chicken Dinner Roll Mashed Potatoes Lightly Seasoned Green Beans Chilled Applesauce Chilled Milk</p>	<p><u>31</u></p> <p>Chicken and Cheese QUESADILLA or Burrito Seasoned Corn Chilled Pears Chilled Milk</p>		<p><u>SUB POSITIONS</u> AVAILABLE</p> <p>CALL 943-2300 EXTENSION 2124</p>	

MAKE IT A GREAT YEAR

TUNA SALAD	BOLOGNA CHEESE	SLICED TURKEY	HAM AND CHEESE	PEANUT BUTTER AND JELLY
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